

Directions to Life In Action Psychology

How to Find Us

We are located on East Road, just next to Kwik Fit. As you turn in, you'll see a small development called **Oak Park**—we're situated at the end of the drive.

Please park in any available space.

Look for the **green door**. Inside the small foyer, you'll find a buzzer with our name on it. Press to let us know you've arrived.

The image below shows the building entrance to help guide you.



Pattinson House East Road NG34 7EQ